

Terms & Conditions for CMP Sports Massage

Last updated: 16/12/2025

These Terms & Conditions govern your use of our website and your participation in any sports massage treatments or related services provided by **CMP Sports Massage**. By booking an appointment or using our website, you agree to these terms.

1. Services Provided

We offer sports massage and related soft-tissue therapy services. All treatments are carried out by qualified and insured practitioners.

We reserve the right to refuse treatment if it is deemed unsafe or inappropriate.

2. Booking & Cancellation Policy

Bookings

Appointments can be made through our website, by phone, or by email. You are responsible for ensuring your contact details are accurate.

Cancellations

- Cancellations made **with more than 24 hours' notice** will not incur a fee.
- Cancellations made **within 24 hours** or failure to attend may result in a **full session charge**.
- Repeated late cancellations may result in refusal of future bookings.

Late Arrivals

If you are late, your session may be shortened to avoid impacting other clients. The full fee still applies.

3. Client Responsibilities

To ensure safe and effective treatment, you agree to:

- Provide accurate and complete health information
- Inform your therapist of any changes to your health
- Follow aftercare advice where provided
- Not attend a session under the influence of alcohol or drugs

We may decline treatment if we believe it is unsafe to proceed.

4. Health & Medical Considerations

Sports massage is not a substitute for medical care. If you have a medical condition, injury, or are pregnant, you must inform us before treatment.

We may request GP or specialist approval where necessary.

5. Payment Terms

Payment is due at the time of booking or immediately after your appointment, depending on your chosen method.

We accept:

- Card payments
- Online booking payments
- Prices are subject to change, but any changes will be clearly communicated.

6. Website Use

By using our website, you agree not to:

- Copy or reproduce website content without permission
- Attempt to disrupt or damage the website
- Use the website for unlawful purposes

We aim to keep the website accurate and up to date, but we cannot guarantee error-free content.

7. Liability

We are not liable for:

- Loss or damage arising from misuse of our website
- Failure to follow aftercare advice
- Pre-existing conditions not disclosed to us

Nothing in these terms excludes liability where it cannot be legally excluded (e.g., negligence resulting in injury).

8. Privacy & Data Protection

Your personal data is handled in accordance with our [Privacy Policy](#). By using our services, you consent to the processing of your data as described there.

9. Changes to These Terms

We may update these Terms & Conditions from time to time. The latest version will always be available on our website.

10. Contact Us

If you have questions about these Terms & Conditions, please contact:

CMP Sports Massage Email: cmpsportsmassage@gmail.com